













Join us for an unforgettable celebration of lights and talent!

## Lights, Laughter & Celebration

ORGANIZED BY NAVRANG CLUB



**Special Guests**  
Anil K. Dixit



**Special Guests**  
Falat Umri

### Pre-Diwali Festival 2025

FOOD STALLS | CREATIVITY ZONE | DANCE PARTY (ENTRY ₹150)

Hosted by  
Dr. Ankit Kumar, Dr. Dolly Yadav and  
Prachi Tomar (MBA 3rd Semester Student)  
Agrawan Heritage University, Agra

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NAVRANG CLUB PRESENTS

# DJ EVENING PARTY

EXPERIENCE THE ULTIMATE EVENING PARTY!

REGISTRATION  
FREE PRICE  
CONTACT 85557368

**OCT 17**

TIME AND PLACE  
Friday, 17 October, 2024  
06:00 PM onwards  
Agrawan Heritage University, Agra

AGRAWAN HERITAGE UNIVERSITY











xwf-cpvv-kow



5. Ashwagandha (*Withania somnifera*)

- Parts Used: Roots
- Medicinal Properties:
  - Immunomodulator, Anti-inflammatory, Antioxidant
  - Reduces inflammatory markers (α-2 macroglobulin)
  - Alternative to NSAIDs with fewer side effects
  - Acts as both Rasayana (rejuvenator) & Medhya (memory enhancer)
- Therapeutic & Rasayana Benefits
  - Mental Health & Cognition
    - Reduces symptoms of anxiety, stress, and depression
    - Improves memory span & cognitive function (Clinical trials)
  - Immune System Support
    - Enhances macrophage activation & phagocytosis
    - Protects against infections in both healthy & immunosuppressed conditions
    - Counters cyclophosphamide-induced leucopenia
  - Active Compounds: Withanolides (Withaferin-A, Withanone), Alkaloids (Analerine, Isopelatinine), Steroidal Lactones & Saponins, Sitarinolides IX & X (Boost macrophage activity & immune modulation) (Tharakan et al., 2021).

AMITY UNIVERSITY

Mridul is presenting



Mridul

Phar...

Mani...

Dipti















